

Prayers to learn before receiving the Sacrament of Reconciliation

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy name;
Thy kingdom come,
Thy will be done on earth
as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass
against us;
and lead us not into temptation,
but deliver us from evil. Amen

Hail Mary

Hail Mary, full of grace,
the Lord is with Thee.
Blessed art thou among women,
and blessed is the fruit
of thy womb, Jesus.

Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death. Amen

Glory be

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against You, whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more and to avoid whatever leads me to sin. Our Savior

Jesus Christ suffered and died for us. In His name, my God, have mercy.

Five steps for making a good confession:

1. Think of your sins and the reason why
2. Tell Jesus you are sorry
3. Promise to try to do better
4. Tell your sins to the priest
5. Do the penance the priest gives you

Form for individual Confession

Make the sign of the cross, then say:

Bless me Father, for I have sinned. This is my first confession and these are my sins. (tell your sins to the priest.) When you are finished, you may say: **For these sins I am sorry.** Then listen to what the priest says to you. After Father is finished speaking, say: **Thank you, Father.**

Ten Commandments

1. I am the Lord your God: you shall not have strange gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

The Great Commandment

You shall love the Lord, your God, with all your heart, all your soul, all your mind and all your strength. You shall love your neighbor as yourself.