

**First Eucharist Preparation**  
**Session 4**  
**December 21, 2020**  
**(pre-recorded)**

During the last session, we went thru some pictures which were subsequently given to parents. The purpose was to continue familiarizing the children with church words. Please review until you feel your child is confident in naming these objects.

**Conversation # 1: (Celebration of Christmas)**

We know that Christmas is the celebration of the birthday of Jesus. When we meet on zoom on January 6<sup>th</sup> or 10, I will ask what is in your home that reminds you of that. I will also ask what you did for others to show that you care about them, just as Jesus cares about us. Finally I will ask if they are saying grace before they eat their meals – to get ready for being at Mass before receiving the Eucharist.

We will also talk about the color white during the Christmas season and the feast of the Holy Family and the Epiphany.

**Conversation # 2: (Stories from the Bible)** For your assignment, you and your parents read the story of the Talents from Matthew 25: 14-30. When we meet in January, I will ask which of your talents were identified during your conversation and how you use those talents.

The new passage from the Bible is another miracle story. The first one was about the man born blind. This one is about how Jesus fed the hungry crowd. I can be found in Matthew 14:13-21. Read the story with your parents. Pay attention to the details. What did the disciples want the crowd to do? What did Jesus want to do? How many loaves of bread and how many fish did Jesus start with? What did he do before the food was distributed? How many people ate? What was leftover? After reading the story from the Bible, you may also watch: <https://www.youtube.com/watch?v=4xuD0F7h01I>

**Conversation # 3: (Readings at Mass)** The Mass has two parts. The first part is called the Liturgy of the Word. The second part is called the Liturgy of the Eucharist. As you have been watching the Mass or going to Mass, you listen to the readings during the Liturgy of the Word. The first reading is taken from the first part of the Bible called the Old Testament. It is always followed by a Psalm which is usually sung. The psalm is also taken from the Old Testament. The second reading and Gospel are taken from the New Testament. It is called the New Testament because it was written after Jesus was born. The word Gospel means “Good News.” Why do you think the Gospel is good news?

**Conversation # 4: (Saints)** Saints are holy people who show us through their example how to live like Jesus wants us to live. Choose a saint you know something about or would like to learn something more about. Your parents will help you by reading a story to you about a saint or watching a video about a saint. You may pick any saint you want. When we meet in January, I will ask you which saint you chose and what we can learn from that saint.

**Message for Parents:** Please review with your child how to receive the Eucharist. The dominant hand or the hand they eat with goes underneath. The other hand forms a table for the Eucharist. When the minister says: Body of Christ, they respond “Amen” which means “yes” or “I believe.” Then they use the hand they eat with to consume the Body of Christ. Thank you, parents. Have a Blessed Christmas. I look forward to seeing you in January!